70 Diseases Nclex Cheat Sheet

70 Diseases NCLEX Cheat Sheet: Your Ultimate Guide to Mastering Disease Management for Nursing Exams

The **70 Diseases NCLEX Cheat Sheet** is an invaluable resource for nursing students preparing for the National Council Licensure Examination (NCLEX). This comprehensive guide consolidates critical information about common diseases, including pathophysiology, signs and symptoms, diagnostic tests, treatment options, and nursing considerations. Mastery of these diseases is essential for passing the NCLEX, as questions often test your ability to recognize disease processes and prioritize patient care effectively. In this article, we will provide an in-depth overview of 70 key diseases, ensuring you have the knowledge and confidence to excel on your exam and in your future nursing practice.

Understanding the Importance of the NCLEX Disease Cheat Sheet

Why Is It Essential?

1. Provides quick reference for high-yield diseases
2. Enhances recall of pathophysiology, symptoms, and treatments
3. Helps prioritize patient care scenarios
4. Reduces exam anxiety through organized study material

How to Use the Cheat Sheet Effectively

1. Review diseases regularly to reinforce memory
2. Practice applying knowledge through practice questions
3. Focus on understanding disease mechanisms, not just memorization
4. Use as a quick review before exams or clinicals

Key Categories Covered in the 70 Diseases NCLEX Cheat Sheet

The diseases are categorized based on system involvement and common clinical patterns:

1. Cardiovascular Diseases

2. Respiratory Diseases
3. Gastrointestinal Diseases
4. Neurological Disorders
5. Musculoskeletal Conditions
6. Infectious Diseases
7. Endocrine Disorders
8. Hematologic Conditions
9. Renal and Urinary Diseases
10. Reproductive System Disorders
11. Other Common Diseases

Detailed Overview of 70 Diseases for NCLEX Preparation

Cardiovascular Diseases

1. Hypertension (HTN)

1. **Pathophysiology:** Elevated blood pressure due to increased systemic vascular resistance.
2. **Signs & Symptoms:** Often asymptomatic; headache, dizziness, vision changes in severe cases.
3. **Diagnostics:** BP measurement, ECG, echocardiogram.
4. **Treatment:** Lifestyle modifications, antihypertensives (ACE inhibitors, beta-blockers).
5. **Nursing Considerations:** Monitor BP regularly, educate on diet and exercise, medication adherence.

2. Congestive Heart Failure (CHF)

1. **Pathophysiology:** Heart's inability to pump effectively, leading to fluid accumulation.
2. **Signs & Symptoms:** Dyspnea, edema, fatigue, orthopnea.
3. **Diagnostics:** Echocardiogram, BNP levels.
4. **Treatment:** Diuretics, ACE inhibitors, lifestyle changes.
5. **Nursing Considerations:** Monitor fluid status, daily weights, and respiratory status.

Respiratory Diseases

3. Chronic Obstructive Pulmonary Disease (COPD)

1. **Pathophysiology:** Progressive airflow limitation due to airway and alveolar destruction.
2. **Signs & Symptoms:** Chronic cough, sputum production, dyspnea, barrel chest.

3. **Diagnostics:** Pulmonary function tests, chest X-ray.
4. **Treatment:** Bronchodilators, corticosteroids, oxygen therapy.
5. **Nursing Considerations:** Encourage smoking cessation, monitor oxygen saturation, promote effective coughing techniques.

4. Asthma

1. **Pathophysiology:** Reversible airway obstruction caused by bronchospasm and inflammation.
2. **Signs & Symptoms:** Wheezing, shortness of breath, chest tightness, cough.
3. **Diagnostics:** Spirometry, peak flow measurement.
4. **Treatment:** Inhaled beta-agonists, corticosteroids, leukotriene modifiers.
5. **Nursing Considerations:** Identify triggers, teach use of inhalers, monitor lung function.

Gastrointestinal Diseases

5. Gastroesophageal Reflux Disease (GERD)

1. **Pathophysiology:** Acid reflux into the esophagus causing mucosal irritation.
2. **Signs & Symptoms:** Heartburn, regurgitation, chest pain.
3. **Diagnostics:** Endoscopy, pH monitoring.
4. **Treatment:** Proton pump inhibitors, lifestyle changes.
5. **Nursing Considerations:** Elevate head of bed, avoid trigger foods, educate on medication adherence.

6. Crohn’s Disease

1. **Pathophysiology:** Chronic inflammatory bowel disease affecting any part of the GI tract.
2. **Signs & Symptoms:** Diarrhea, abdominal pain, weight loss, fatigue.
3. **Diagnostics:** Colonoscopy, biopsy.
4. **Treatment:** Immunosuppressants, corticosteroids, nutritional support.
5. **Nursing Considerations:** Monitor for nutritional deficiencies, promote skin integrity, manage flare-ups.

Neurological Disorders

7. Stroke (Ischemic and Hemorrhagic)

1. **Pathophysiology:** Disruption of blood flow to the brain causing neuronal death.
2. **Signs & Symptoms:** Sudden weakness, facial droop, speech difficulties, vision changes.

3. **Diagnostics:** CT scan, MRI.
4. **Treatment:** Thrombolytics for ischemic stroke, supportive care, surgical intervention for hemorrhagic stroke.
5. **Nursing Considerations:** Monitor neurological status, prevent complications, facilitate rehabilitation.

8. Multiple Sclerosis (MS)

1. **Pathophysiology:** Autoimmune demyelination of CNS neurons.
2. **Signs & Symptoms:** Fatigue, weakness, visual disturbances, coordination issues.
3. **Diagnostics:** MRI, lumbar puncture.
4. **Treatment:** Disease-modifying therapies, corticosteroids.
5. **Nursing Considerations:** Manage symptoms, promote mobility, provide emotional support.

Musculoskeletal Conditions

9. Osteoarthritis

1. **Pathophysiology:** Degenerative joint disease causing cartilage breakdown.
2. **Signs & Symptoms:** Joint pain, stiffness, decreased mobility.
3. **Diagnostics:** Physical exam, X-ray.
4. **Treatment:** NSAIDs, physical therapy, joint replacement in severe cases.
5. **Nursing Considerations:** Pain management, encourage activity, assist with mobility aids.

10. Rheumatoid Arthritis

1. **Pathophysiology:** Autoimmune inflammation of synovial membranes.
2. **Signs & Symptoms:** Joint swelling, pain, morning stiffness, fatigue.
3. **Diagnostics:** Rheumatoid factor, ESR, CRP.
4. **Treatment:** DMARDs, NSAIDs, corticosteroids.
5. **Nursing Considerations:** Protect joints, monitor medication side effects, promote rest and activity balance.

Infectious Diseases

11. Tuberculosis (TB)

70 Diseases NCLEX Cheat Sheet: Your Ultimate Guide to Mastering Disease Recognition and Management

Preparing for the NCLEX exam can be daunting, especially when it comes to diseases and

their associated signs, symptoms, and management strategies. To excel, you need a reliable resource that consolidates key information into a manageable format. This is where the 70 diseases NCLEX cheat sheet becomes an invaluable tool. It provides a comprehensive overview of common conditions tested on the NCLEX, enabling nursing students and graduates to recall essential facts quickly and confidently. In this guide, we'll explore the structure of such a cheat sheet, highlight key diseases, and offer tips to maximize your study efforts.

What Is the 70 Diseases NCLEX Cheat Sheet?

The 70 diseases NCLEX cheat sheet is a condensed, organized compilation of the most frequently tested diseases on the NCLEX exam. It serves as a quick reference guide that summarizes critical information, including pathophysiology, clinical manifestations, diagnostic criteria, treatment options, and nursing considerations. Its purpose is to help students identify disease patterns efficiently and develop a solid understanding that can be applied in clinical scenarios.

Why Use a Cheat Sheet for NCLEX Preparation?

1. Efficiency: Condenses vast information into manageable segments.
2. Memory Aid: Reinforces key facts through repetition.
3. Exam Confidence: Builds familiarity with common diseases.
4. Quick Review: Ideal for last-minute studying or last-minute review.

Structuring Your 70 Diseases NCLEX Cheat Sheet

A well-organized cheat sheet should categorize diseases based on systems or etiology, for example:

1. Cardiovascular Diseases
2. Respiratory Diseases
3. Endocrine Disorders
4. Gastrointestinal Diseases
5. Neurological Conditions
6. Infectious Diseases
7. Musculoskeletal Disorders
8. Hematologic Diseases
9. Renal and Urinary Disorders
10. Reproductive System Disorders

Within each category, diseases are listed with key points summarized.

Core Components of the Cheat Sheet

Each disease entry should include:

1. Name of the Disease

2. Etiology/Pathophysiology
3. Common Signs and Symptoms
4. Diagnostic Tests
5. Treatment and Nursing Interventions
6. Potential Complications
7. Nursing Considerations/Patient Education

Sample Breakdown of Major Diseases

Cardiovascular Diseases

Myocardial Infarction (MI)

1. Etiology: Coronary artery occlusion leading to ischemia
2. Signs/Symptoms: Chest pain (crushing, radiates to arm/jaw), diaphoresis, nausea, anxiety
3. Diagnostics: Elevated troponin, ECG changes (ST elevation)
4. Treatment: MONA (Morphine, Oxygen, Nitrates, Aspirin), PCI or thrombolytics
5. Nursing Care: Continuous cardiac monitoring, assess for arrhythmias, promote rest, emotional support
6. Complications: Heart failure, arrhythmias, cardiogenic shock

Respiratory Diseases

Chronic Obstructive Pulmonary Disease (COPD)

1. Etiology: Long-term airway obstruction, usually due to smoking
2. Signs/Symptoms: Dyspnea, chronic cough, barrel chest, use of accessory muscles
3. Diagnostics: Pulmonary function tests (FEV1 decreased)
4. Treatment: Bronchodilators, corticosteroids, oxygen therapy, smoking cessation
5. Nursing Care: Breathing exercises, monitor oxygen saturation, promote activity as tolerated
6. Complications: Respiratory infections, right-sided heart failure (cor pulmonale)

Endocrine Disorders

Diabetes Mellitus Type 1 & 2

1. Etiology: Autoimmune destruction of beta cells (Type 1), insulin resistance (Type 2)
2. Signs/Symptoms: Polyuria, polydipsia, polyphagia, weight loss (Type 1); fatigue, hyperglycemia, recurrent infections (Type 2)
3. Diagnostics: Fasting glucose, HbA1c
4. Treatment: Insulin (Type 1), oral hypoglycemics, lifestyle modifications (Type 2)
5. Nursing Care: Blood sugar monitoring, teaching about diet/exercise, recognizing hypoglycemia/hyperglycemia
6. Complications: Diabetic ketoacidosis (Type 1), hyperosmolar hyperglycemic state (Type

2), neuropathy, nephropathy

Gastrointestinal Diseases

Appendicitis

1. Etiology: Obstruction of the appendix lumen
2. Signs/Symptoms: Right lower quadrant pain, rebound tenderness, nausea, low-grade fever
3. Diagnostics: Ultrasound, CT scan
4. Treatment: Appendectomy, antibiotics
5. Nursing Care: Pain management, monitor for signs of perforation, encourage fluid intake
6. Complications: Peritonitis, abscess formation

Infectious Diseases and Their Key Features

Tuberculosis (TB)

1. Etiology: Mycobacterium tuberculosis infection
2. Signs/Symptoms: Cough (sometimes bloody), weight loss, night sweats, fever
3. Diagnostics: Sputum acid-fast bacilli, chest X-ray
4. Treatment: Multiple antibiotics (e.g., isoniazid, rifampin) for 6-9 months
5. Nursing Care: Airborne precautions, adherence support, nutritional support
6. Complications: Miliary TB, drug resistance

Neurological Conditions

Stroke (Ischemic & Hemorrhagic)

1. Etiology: Blockage or rupture of cerebral blood vessels
2. Signs/Symptoms: Sudden weakness, facial droop, aphasia, vision changes
3. Diagnostics: CT scan
4. Treatment: Thrombolytics (if ischemic), surgical intervention (hemorrhagic), supportive care
5. Nursing Care: Maintain airway, monitor neurological status, prevent complications like DVT
6. Potential Complications: Brain edema, permanent neurological deficits

Hematologic Disorders

Anemia

1. Etiology: Iron deficiency, chronic disease, B12 deficiency
2. Signs/Symptoms: Fatigue, pallor, shortness of breath, dizziness
3. Diagnostics: CBC, serum ferritin, B12 levels
4. Treatment: Iron supplements, B12 injections, diet modification

5. Nursing Care: Promote iron-rich diet, educate on medication adherence, monitor for side effects
6. Complications: Heart failure due to increased cardiac workload

Renal and Urinary Disorders

Urinary Tract Infection (UTI)

1. Etiology: Bacterial invasion, typically E. coli
2. Signs/Symptoms: Dysuria, urgency, cloudy urine, flank pain
3. Diagnostics: Urinalysis, urine culture
4. Treatment: Antibiotics, increased fluid intake
5. Nursing Care: Encourage hydration, teach hygiene practices, monitor for signs of upper urinary tract infection
6. Complications: Pyelonephritis, sepsis

Reproductive System Disorders

Pelvic Inflammatory Disease (PID)

1. Etiology: Bacterial infection of female reproductive organs
2. Signs/Symptoms: Lower abdominal pain, fever, abnormal vaginal discharge
3. Diagnostics: Pelvic exam, ultrasound, labs
4. Treatment: Antibiotics
5. Nursing Care: Pain management, sexual health education, monitor for complications like infertility

Final Tips for Using Your 70 Diseases NCLEX Cheat Sheet

1. Regular Review: Consistent review reinforces memory.
2. Active Recall: Test yourself on each disease’s key points.
3. Apply in Practice: Use case studies to relate theory to clinical scenarios.
4. Focus on Priorities: Recognize which signs demand immediate intervention.
5. Update Your Knowledge: Stay current with guidelines and standards.

Conclusion

The 70 diseases NCLEX cheat sheet is a powerful tool for nursing students aiming to master the essentials of disease recognition and management. By familiarizing yourself with common pathologies, their signs, symptoms, and nursing considerations, you’ll be better equipped to approach exam questions confidently. Remember, success on the NCLEX isn’t just about memorization—it’s about understanding core concepts and applying critical thinking. Use this cheat sheet as a foundation, supplement it with practice questions, and maintain a disciplined study routine to achieve your nursing licensure goals. Good luck!

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As technology continues to advance, digital education will play an increasingly central role in how knowledge is shared and developed. The ability to download **70 Diseases Nclex Cheat Sheet** reflects an adaptive approach to learning that aligns with modern technological trends. Developing digital literacy skills is now essential in both academic and professional contexts.

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Questions & Answers About 70 diseases nclex cheat sheet

No	Question	Answer
1	What are the key diseases covered in the 70 Diseases NCLEX Cheat Sheet?	The cheat sheet covers common diseases such as diabetes mellitus, hypertension, pneumonia, myocardial infarction, stroke, COPD, asthma, tuberculosis, and HIV/AIDS, among others.

2	How can the '70 Diseases' NCLEX cheat sheet help in exam preparation?	It provides quick reference to symptoms, diagnostic criteria, nursing interventions, and priority care for each disease, aiding in efficient review and recall during the exam.
3	What are the most important nursing considerations for diabetes mellitus in the NCLEX?	Monitoring blood glucose levels, administering insulin as prescribed, educating patients on diet and lifestyle, recognizing signs of hypo- or hyperglycemia, and preventing complications are crucial.
4	Which respiratory diseases are emphasized in the '70 Diseases' cheat sheet for NCLEX?	Common respiratory conditions include pneumonia, COPD, asthma, tuberculosis, and emphysema, with focus on symptoms, treatments, and nursing care.
5	How does the cheat sheet assist in understanding cardiovascular diseases like myocardial infarction and stroke?	It summarizes symptoms, emergency interventions, medication management, and nursing priorities to help students quickly grasp essential care concepts.
6	Are infectious diseases like HIV/AIDS and tuberculosis included in the cheat sheet?	Yes, these infectious diseases are included with details on transmission, symptoms, isolation precautions, and nursing care to prevent spread and manage patient needs.
7	What are some tips for effectively using the '70 Diseases' NCLEX cheat sheet during exam review?	Focus on understanding key concepts, use it for quick revision before exams, practice applying clinical scenarios, and cross-reference with detailed textbooks for in-depth understanding.
8	Does the cheat sheet include information on chronic diseases and their management?	Yes, chronic diseases like hypertension, diabetes, COPD, and heart failure are included with management strategies, medication info, and patient education tips.
9	How can nurses use the '70 Diseases' cheat sheet in clinical practice?	Nurses can use it as a quick reference guide for common conditions, ensuring they remember critical assessments, interventions, and patient teaching points during patient care.

diseases, NCLEX, cheat sheet, medical review, nursing exam, pathology, exam prep, disease overview, nursing shortcuts, clinical conditions

70 Diseases Nclex Cheat Sheet eBook Resource

70 Diseases Nclex Cheat Sheet eBooks provide structured digital knowledge.

Core Discussion

Digital books help readers maintain productivity.

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70 Diseases Nclex Cheat Sheet eBooks support consistent study routines.

Conclusion

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Students benefit from 70 Diseases Nclex Cheat Sheet eBooks through consistent formatting and layout.

Digital storage ensures content remains accessible without physical deterioration.

Routine engagement builds learning momentum.

70 Diseases Nclex Cheat Sheet eBooks encourage consistent engagement by lowering barriers to entry.

Professionals often rely on 70 Diseases Nclex Cheat Sheet eBooks for ongoing skill

maintenance.

Professionals and students alike rely on 70 Diseases Nclex Cheat Sheet eBooks as dependable reference materials.

The digital format of 70 Diseases Nclex Cheat Sheet eBooks supports efficient information delivery without compromising depth or clarity.

Students benefit from 70 Diseases Nclex Cheat Sheet eBooks through consistent formatting and layout.

Organizations incorporate 70 Diseases Nclex Cheat Sheet eBooks into onboarding and training programs.

70 Diseases Nclex Cheat Sheet eBooks align with modern productivity systems.

70 Diseases Nclex Cheat Sheet eBooks make complex subjects approachable through clear organization.

The modular design of 70 Diseases Nclex Cheat Sheet eBooks allows selective reading.

Many professionals rely on 70 Diseases Nclex Cheat Sheet eBooks for skill development, ongoing education, and quick reference during real-world application.

Digital distribution enhances reach and consistency.

This autonomy encourages deeper understanding and reduces learning-related stress.

70 Diseases Nclex Cheat Sheet eBooks help learners manage long-term educational goals.

The long-term value of 70 Diseases Nclex Cheat Sheet eBooks lies in their reusability and adaptability.

The searchable structure of 70 Diseases Nclex Cheat Sheet eBooks makes it easy to locate specific information without rereading entire chapters.

Learning with 70 Diseases Nclex Cheat Sheet

Learning with 70 Diseases Nclex Cheat Sheet offers a flexible and structured approach to acquiring knowledge in the digital age. Students, educators, and self-learners can use 70 Diseases Nclex Cheat Sheet as a primary reference material or as a supplementary resource to support deeper understanding. Its digital format allows learners to study efficiently, organize information, and revisit content whenever necessary.

One of the key advantages of learning with 70 Diseases Nclex Cheat Sheet is the ability to annotate directly within the document. Highlighting important passages, adding margin notes, and bookmarking chapters help learners actively engage with the material. Active reading techniques like these improve comprehension and long-term retention compared to passive reading alone.

Summarizing chapters is another effective learning strategy when using 70 Diseases Nclex Cheat Sheet. Learners can create concise summaries or outlines based on highlighted sections and notes. These summaries can be stored separately or within the PDF itself, making revision faster and more organized. Digital note-taking reduces clutter and allows easy updates as understanding improves.

Cross-referencing is also simplified with digital 70 Diseases Nclex Cheat Sheet. Learners can open multiple documents simultaneously, search for keywords, and compare concepts across different sources. Hyperlinks within PDFs or external references further enhance research efficiency. This capability is especially valuable for academic study, exam preparation, and research-based learning.

For educators, 70 Diseases Nclex Cheat Sheet provides a consistent and shareable learning resource. Teachers can recommend specific sections, distribute annotated materials, or integrate PDFs into digital classrooms. The standardized format ensures that all students view the same content regardless of device or platform.

Study strategies using 70 Diseases Nclex Cheat Sheet

Effective learning with 70 Diseases Nclex Cheat Sheet involves more than just reading. Creating a structured study routine improves outcomes. Breaking content into manageable sections prevents cognitive overload and encourages regular study habits. Setting specific goals for each reading session helps maintain focus and motivation.

Using bookmarks strategically allows learners to mark key chapters, definitions, or examples. Combined with searchable text, bookmarks make revision sessions faster and more efficient. Many PDF readers also provide history or recent activity features, helping learners resume study where they left off.

Collaborative learning is another benefit of digital formats. Students can share notes, discuss annotations, and exchange summaries while keeping the original 70 Diseases Nclex Cheat Sheet intact. This promotes discussion and deeper understanding without altering source material.

Accessibility

Accessibility is a major strength of 70 Diseases Nclex Cheat Sheet in digital form. PDFs are widely compatible with screen readers, enabling visually impaired users to access content through text-to-speech technology. Properly structured PDFs with selectable text, headings, and alt text improve accessibility and usability.

In addition to PDFs, alternative formats such as ePub and audiobooks further expand accessibility. ePub files allow users to adjust font size, spacing, and background color,

making reading more comfortable for individuals with visual or reading difficulties. Audiobooks provide an option for auditory learners or users who prefer listening over reading.

Many reading applications include accessibility features such as night mode, contrast adjustments, and dyslexia-friendly fonts. These tools reduce eye strain and improve comprehension, allowing users to tailor the learning experience to their individual needs.

Accessibility also includes language and learning flexibility. Digital 70 Diseases Nclex Cheat Sheet can be translated, read aloud, or combined with assistive tools such as dictionaries and note-taking apps. This inclusivity ensures that a wider audience can benefit from the content regardless of physical or cognitive limitations.

Inclusive learning environments

Educational institutions increasingly rely on digital materials like 70 Diseases Nclex Cheat Sheet to create inclusive learning environments. Providing content in multiple formats ensures that learners with different needs can access the same information. This approach supports equal opportunity and encourages independent learning.

Legal Download Sources

Obtaining 70 Diseases Nclex Cheat Sheet from legal and trustworthy sources is essential for both ethical and practical reasons. Legal sources ensure content accuracy, device safety, and respect for intellectual property rights. Using authorized platforms also reduces the risk of malware or corrupted files.

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Benefits of legal access

Legal copies often include better formatting, complete content, and reliable metadata. They may also receive updates or corrections from publishers. Supporting legal sources contributes to sustainable publishing and encourages the creation of new learning materials.

Device Compatibility

One of the reasons 70 Diseases Nclex Cheat Sheet is widely used is its broad compatibility with modern devices. Most computers, tablets, and smartphones support PDF readers by default or through free applications. This universal compatibility ensures that learners can access content regardless of hardware or operating system.

ePub formats are commonly supported on tablets, smartphones, and dedicated eReaders. They offer flexible layouts that adapt to different screen sizes, improving readability. Audiobook formats are supported by a wide range of media players and mobile apps, allowing learning on the go.

Kindle and other eReaders may require format conversion for certain files. Many tools exist to convert PDFs or ePub files into compatible formats while preserving readability. Before converting, users should ensure that formatting and navigation remain intact for an optimal reading experience.

Synchronizing reading progress across devices further enhances usability. Many platforms allow users to resume reading, access bookmarks, and view annotations on multiple devices. This seamless experience supports flexible learning across different environments.

Optimizing learning across devices

To maximize compatibility, users should keep reading apps and operating systems updated. Updated software ensures better performance, security, and support for accessibility features. Regular updates also improve compatibility with newer file formats and interactive elements.

Combining 70 Diseases Nclex Cheat Sheet with other learning resources

70 Diseases Nclex Cheat Sheet works best when combined with complementary learning resources. Videos, lectures, discussion forums, and practice exercises can reinforce concepts introduced in the text. Digital formats make it easy to integrate multiple resources into a cohesive learning workflow.

Learners can link notes from 70 Diseases Nclex Cheat Sheet to external references or embed links to online materials. This interconnected approach supports deeper exploration and contextual understanding. Using digital tools effectively transforms 70

Diseases Nclex Cheat Sheet into a central hub for learning rather than a standalone resource.

Developing long-term learning habits

Consistent use of 70 Diseases Nclex Cheat Sheet encourages disciplined study habits. Digital libraries promote organization, while annotations and summaries support active learning. Over time, these practices help learners build a personalized knowledge base that can be revisited and expanded as needed.

Final thoughts on learning with 70 Diseases Nclex Cheat Sheet

Learning with 70 Diseases Nclex Cheat Sheet offers flexibility, accessibility, and efficiency for modern learners. By using effective study strategies, leveraging accessibility features, downloading content from legal sources, and ensuring device compatibility, users can maximize the educational value of 70 Diseases Nclex Cheat Sheet. When combined with thoughtful organization and complementary resources, 70 Diseases Nclex Cheat Sheet becomes a powerful tool for lifelong learning and knowledge development.